



Add up your Building Blocks: A Checklist for Young Children Building a Better Me!

- 1. My family does things together.
- 2. I can talk to my parents about a lot of stuff.
- 3. Besides Mom and Dad, I have adults I like to be with.
- 4. I'm friends with my neighbors; we help each other.
- 5. School is fun.
- 6. Mom and Dad help me with homework.
- 7. I'm important to my parents' friends.
- 8. I help keep my neighborhood clean.
- 9. Sometimes I do stuff to help others who need me.
- 10. I walk to school and to friends' houses to play.
- 11. My parents know where I am.
- 12. I know how to behave at school.
- 13. My neighbors watch out for me when I'm playing outside.
- 14. I look up to Mom and Dad.
- 15. Mom and Dad like my friends.
- 16. My parents and teachers tell me they're proud of me.
- 17. I love to sing. Dancing is fun too.
- 18. I love to play ball.
- 19. I go to church.
- 20. My family eats dinner together.
- 21. I try hard to get good grades.
- 22. I like to read lots of different things, including comics.
- 23. I have to do homework before I can watch T.V.
- 24. I like my school.
- 25. I like to read.
- 26. I want to help other people.
- 27. I like to watch the news.
- 28. I'm not afraid of what other people think.
- 29. I don't lie. It's the wrong thing to do.
- 30. I like to finish what I start.
- 31. I don't use drugs and never will.
- 32. I like to plan ahead. I make good choices.
- 33. I'm good at making friends. I am a good friend.
- 34. I have fun with all different kinds of people.
- 35. I can say "no."
- 36. There are better ways to settle things than to fight it out. I use words, not hands.
- 37. I can make my own decisions.
- 38. I like myself.
- 39. I know what I'm going to be when I grow up.
- 40. I want everyone to be happy and live together peacefully. We need to take care of our planet.

