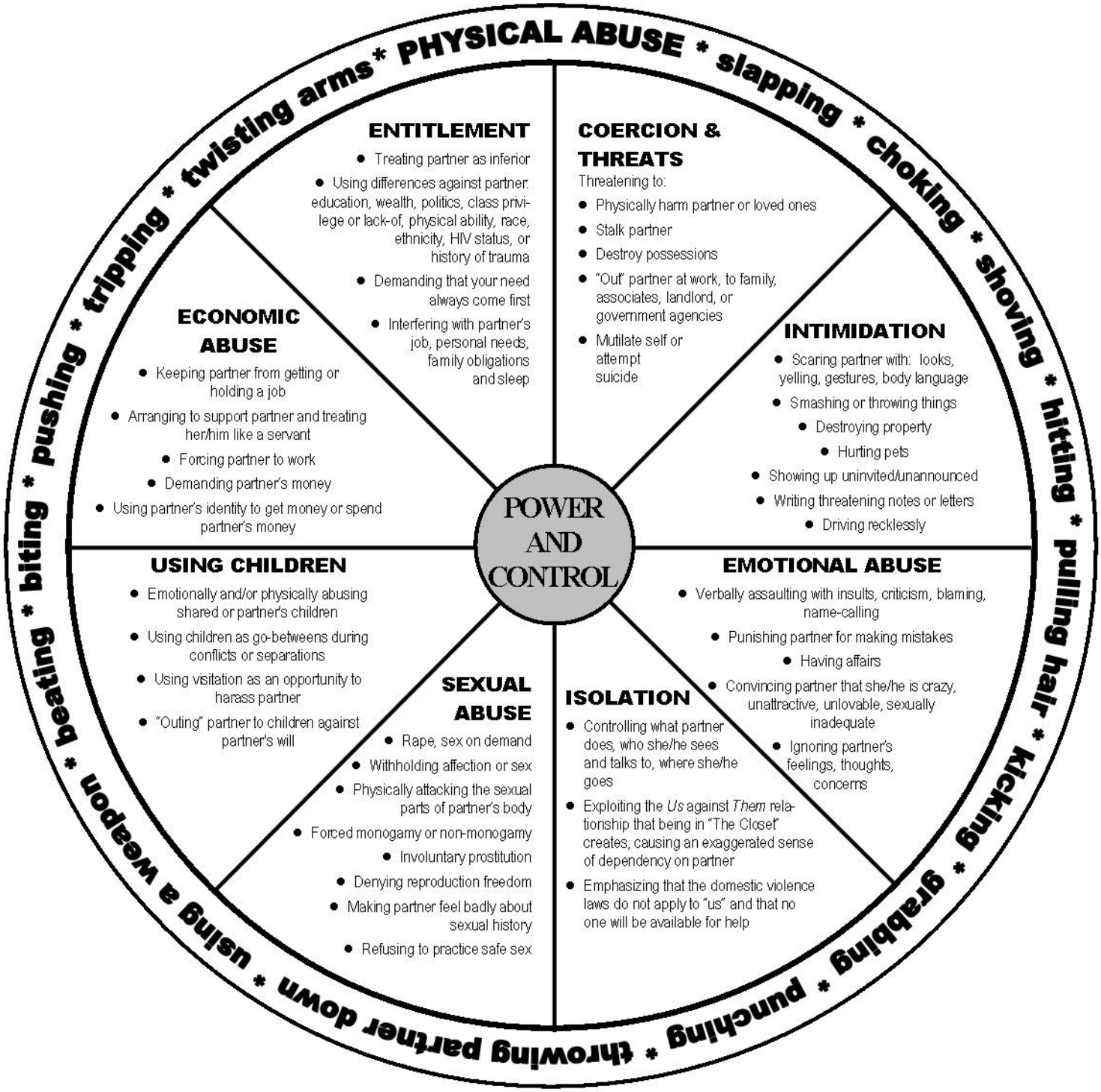
POWER AND CONTROL WHEEL



- The hub of the wheel is the desire for power and control over another. This is what turns the wheel.
- The spokes of the wheel are the abusive tactics, and may vary. You can remove some of the spokes without breaking the wheel. The abuser may decrease some tactics and increase others.
- The rim of the wheel is the use and/or threat of violence. The rim is what holds the system in place.

Adapted from the Power and Control Wheel developed by the Domestic Abuse Intervention Project, Duluth, Minnesota by: The Southern Arizona Task Force Against Domestic Violence, Tucson, Arizona.